

Press Release from Bedford Rowing Club – 12<sup>th</sup> October 2009

Bedford Rowing Club held its annual Autumn Small boats head on Sunday 11<sup>th</sup> October. In beautiful conditions, 425 crews raced over the 2000 metre downstream course from Queens Park to Longholme.

Three scullers from Bedford Rowing Club won 2 events each.

Leon Taylor, racing first in senior single sculls, posted the phenomenal time of 07 minutes 03 seconds to finish 22<sup>nd</sup> far ahead of many crew boats. He then teamed up with junior Matt Larkworthy to win Intermediate Two double sculls in a time of 06:47. Mike Harris won Veteran E (minimum age 55) single sculls, beating club President Dave Catlin along the way and then teamed up with Tom Robb to win Veteran Double Sculls. Robb had also won Veteran B (minimum age 36) single sculls.

Phil Dickens completed the Bedford Rowing club mens veteran single sculls hat-trick by winning Veteran D (minimum age 50) single sculls. The junior girls squad won Womens Junior 16 coxed quadruple sculls.

Next weekend, Bedford Rowing club sends a women's Intermediate 2 coxless pair of Lydia Swift and Sara Orme to race in the Tideway Pairs Head of the River Race.

The next rowing event run by Bedford Rowing Club is Bedford Eights and Fours and Head on Sunday 14<sup>th</sup> February 2010. Bedford Rowing Club welcomes all ages and abilities. Further details can be found at [www.bedfordrowing.co.uk](http://www.bedfordrowing.co.uk)